**“Impact on repeated sprint performance and perceptions of fatigue from administration of inhaled salbutamol”**

The University of Kent is running a study to look at the effects of asthma medication on repeated cycle sprint performance and we are looking for trained male cyclists to take part.

**What does the research involve?**

* A maximal exercise tests on a cycle ergometer
* A full respiratory assessment to look at your lung function
* Two cycling trials involving repeated sprints and steady efforts. In these you will be given inhaled asthma medication

**What are the possible benefits of taking part?**

* A free assessment of your airway health
* A free maximal exercise test (VO2 max test)

**How long does the study participation last for?**

* In total, your involvement will be no more than 8 hours over a 4 weeks period.

**Who are we looking for?**

* Trained male cyclists who train in cycling at least three times a week and compete regularly.
* You must be aged 18-45, free from cardiopulmonary and metabolic disease and musculoskeletal injury.

**If you are interested please get in touch!**

**Just tear off the contact information!**

**Asthma medication & Cycling**

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